

## LUNCH MENU 16/12-19/12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Soup – V</b> Tomato and Basil	<b>Soup – V</b> Carrot & Ginger	<b>Soup – V</b> Mushroom	<b>Soup – V</b> Sweet Potato
<b>Legumes - Vegetables – V</b>  Lentils Boiled Vegetables	<b>Legumes - Vegetables – V</b>  Lentils Grilled Vegetables	<b>Legumes - Vegetables – V</b>  Aubergines, tomato & parmesan bake White Beans Boiled Vegetables	<b>Legumes - Vegetables – V</b>  Lentils Boiled Vegetables
<b>Pasta</b>  Penne with Tomato <b>V</b> Mac & Cheese <b>V</b> Penne with Pesto <b>V</b> Four Cheeses Farfalle	<b>Pasta</b>  Penne with Tomato <b>V</b> Mac & Cheese <b>V</b> Penne Carbonara Orzo with Tomato	<b>Pasta</b>  Penne with Tomato <b>V</b> Penne with Pesto <b>V</b> Penne with Shrimps Orzo with Tomato	<b>Pasta</b>  Mac & Cheese <b>V</b> Penne with Tomato <b>V</b> Spaghetti Bolognese Orzo with Tomato
<b>Hot</b>  Grilled Chicken Breast Chicken Souvlaki Chicken Korma Pork kebab in pita Homemade Hamburger Beef or chicken gyros Homemade Chicken strips	<b>Hot</b>  Grilled Chicken Breast Chicken Souvlaki Sweet & Sour Chicken Meat Balls Pork kebab in pita Homemade Chicken strips	<b>Hot</b>  Grilled Chicken Breast Afelia Chicken Teriyaki Beef or chicken gyros Homemade Chicken strips	<b>Hot</b>  Grilled Chicken Breast Chicken Souvlaki Chicken Curry Meat Balls Pork kebab in pita Beef or chicken gyros Homemade Chicken strips
<b>Side Dishes</b>  Rice with veggies Potato Puree Mozzarella Sticks French fries Curly Fries	<b>Side Dishes</b>  Rice with vegetables Bulgur Pilaf Mozzarella Sticks French fries Curly Fries	<b>Side Dishes</b>  Rice with vegetables Bulgur Pilaf Mozzarella Sticks French fries Curly Fries	<b>Side Dishes</b>  Rice Mozzarella Sticks French fries Curly Fries